Scrutiny Health & Social Care Sub-Committee Supplementary Agenda



5. Service Recovery and Response During Covid-19 Pandemic & Winter Pressures (Pages 3 - 6)

The Health & Social Care Sub-Committee is provided with an update for its consideration on the recovery and response of health and care services in the borough to the pressures caused by the winter season and the Covid-19 pandemic.

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Public Health Living safely with COVID-19

Rachel Flowers

Director of Public Health

8th March 2022

Living safely with COVID-19

On the 21st February 2022 the government set out the next phase of the COVID-19 response.

• COVID-19 will be a virus that we will have to learn to live with safely. COVID-19 is still wide in circulation and can make vulnerable people very ill.

Living with COVID-19 plan

From 24 February 2022:

- People with COVID-19 will no longer be <u>legally required</u> to self-isolate
- Until 1st April, people who test positive are strongly advised to stay at home and avoid contact with others for at least five full days, until they receive two negative test results on consecutive days.
- Self-isolation support payments of £500 for those on low incomes will no longer be available
- Routine contact tracing will end people in contact with someone with COVID-19 will no longer be advised to self-isolate or take daily tests
- Workers will no longer be required to tell their employer if they need to self-isolate



Living with COVID-19 plan – continued

From 1 April in England:

- COVID-19 tests will no longer be free for most people
- The use of Covid passports will no longer be recommended, except for international travel
- Employers will no longer have to consider Covid as a separate risk when working out how to keep employees safe



Steps you can take to reduce the risk of catching and spreading COVID-19

Safer behaviours:

- Good hygiene to include frequent hand washing (20 seconds with soap and water) and respiratory hygiene 'Catch it, bin it, kill it'
- Get vaccinated We recommend that everyone who is eligible for the vaccine to take up the offer. You can find more information on this on the South West London CCG website swlondonccg.nhs.uk/covid/
- Wear a face covering in crowded spaces, including shops and public transport.
- Ventilation let fresh air in if meeting indoors
- Stay at home if you feel unwell. Follow public health advice on testing and self-isolation if you have a positive test or have COVID-19 symptoms.

